



Regional Ayurveda Research Institute for Mineral and Marine Medicinal Resources
(RARIM&MMR)

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Regional Ayurveda Research Institute for Mineral and Marine Medicinal Resources
(RARIM&MMR)

(Relocated ACAMHNS to Central Ayurveda Research Institute, w.e.f. 01.10.2019)

Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH,
Government of India

12, Uttarahalli Manavarthe Kaval, Uttarahalli (Hobli), Bangalore South (Tq.)

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INFORMATION ACT 2005**

Brief report on establishment of the Institute

Ayurvedic Research Unit renamed as Advanced Centre for Ayurveda in Mental Health and Neuro Sciences (ACAMH&NS) was established at the then "All India Institute of Mental Health and Neurosciences (Presently NIMHANS) in November 1959 on the recommendations of Dr. Udapa committee which was constituted to provide Ayurvedic treatment to the patients who is suffering with psychiatric and neurological disorders.

The Unit was taken over by the Central Council for Research in Indian Medicine and Homeopathy renamed at present as Central Council for Research in Ayurvedic Sciences (CCRAS), an autonomous body, constituted under department of AYUSH, Ministry of Health and Family Welfare, Govt. of India, New Delhi with an aim to provide holistic health care to the patients of Neurological and Psychiatric disorders during July 1971.

This Unit started functioning in the new premises (own building) from 5th June 2002. The in-patient facility consisted of two General Wards and four Pay Wards with bed strength of 28 patients supported with various Panchakarma interventions in the well-equipped two Panchakarma therapy rooms. It functioned under the overall administrative and technical guidance of the Director/Vice Chancellor, NIMHANS. The Gujarat Ayurveda University has awarded this unit with Hari Om Gold Medal during 1975 and 1990 for two controlled clinical studies conducted at this centre. Apart from the allotted research activities on Psychiatric & Neurological disorders, ACAMH&NS also provided Ayurvedic treatment for general patients at both OPD & IPD level.

In pursuance of notification Ref. No. 12-5/2019-CCRAS/Estt./3741, dated 30.09.2019 issued by CCRAS Head Qtr. New Delhi this Center is relocated in CARI, #12, Uttarahalli Manavarthekeval, Uttarahalli Hobli, Bengaluru South Taluk, Kanakapura Main Road, Thalaghatapura Post, Bengaluru-109 on 01.10.2019 and functioned under AD Incharge of CARI. Further, RARIM&MMR was established in Goa in the staff pattern of ACAMHNS.

At present existing 19 Staff members 5 are working at Goa and 14 at Bengaluru locations out of the sanctioned staff strength of 29 posts (as per the re-deployment). In addition to the 19 regular staff, outsourcing personals are also recruited on contract. The center had a budget allocation of 386.01 lakhs for the financial year 2023-24.

Brief report on Goa Institute

The institute was established to undertake Medical Health Care and Research Activities in the state of Goa as per the General Body of the Councils approval in its meeting held on 13/08/2015. The directorate of Higher Education, Government of Goa, has allocated space and one heritage building (Ground floor admeasuring 1600 & Guest House / Residential Quarter measuring 252 Sq. mtrs. Approx.) at Ribander, Ilhas - Goa, vide Order No. Dev / STP/OLD GIM/05/2020/10858, dated 07/02/2020 on lease for 33 Years to Ministry of AYUSH with monthly license fee of Rs.100.00 per year, MoU was signed between Ministry of Ayush & Directorate of Higher Education, Govt. of Goa on 17th June 2021 for the purpose of establishing all AYUSH councils under Ministry of AYUSH. DG CCRAS has taken possession of the space provided by the Directorate of Higher Education, Government of Goa, on 10-10-2022 after the completion of renovation work from CPWD. The OPD in the premises started functioning from 15th December 2022 and Panchakarma in OPD level started from 13th March 2023. The official inauguration of the Institute was done by Hon. AYUSH Minister Shri.Sarbananda Sonowal on 14th July 2023 in the auspicious presence of Dr. Pramod Sawant, Honorable Chief Minister of Goa. The institute is currently functioning with the facilities of OPD, Panchakarma units and library. The institute provides high quality and affordable healthcare to citizens of the state through Ayush systems of medicine.

I. On-going Projects during the financial year 2023-24

Sl. No	Name of the projects	Annual target	Target achieved	Remarks
1	Effectiveness of role of Astanga Lavana & Srikhandasava as add on treatment on Madatyaya (Alcohol Dependence) – An open level clinical trial. PI- Dr. Srinibash Sahoo	200 (for 3 years)	On going study	Project Started on - 19.07.2021 No. of Patients Screened- 155 No. of Patients Enrolled- 142 No. of Patients Completed- 74 No. of Patients Dropout- 51 No. of Patients Continuing - 17
2	Evaluation of AYUSH-SR Tablet in Occupational Stress among I T professionals - A Randomized double-blind placebo controlled clinical study. PI- Dr. G.V.Ramana	100 (3years)	On going study	Project Started on: 30.01.2020 No. of Patients Screened: 89 No. of Patients enrolled: 85 No. of Completed: 64 No. of Drop Outs: 18 No. of Continuing :03

II. Completed Project of Financial year 2023-24

1	Randomized placebo controlled double blind clinical trial on the efficacy of AYUSHMANAS in the management of Smriti Dourbalya (Cognitive deficit) PI- Dr. G.V.Ramana	100 (for 3years)	Completed	Project Started on: 04.01.2020 Clinical data submitted for analysis to statistical section.
2	Biographic of Ayurveda Luminaries	6 months	Completed	Project Started on: 12.12.2022 <ul style="list-style-type: none"> • Informations collected from Dr.C. S Somayaji on 10.01.2023 • Informations collected from Dr. Sham Rao on 22.02.2023 through VC • Informations collected from Dr. Shrinivas Vadeyar on 23.02.2023 through VC • Informations collected from Dr. Savithri on 01.03.2023 through VC • st draft submitted 1 to Council on 17.03.2023 • Final draft submitted to JRAS on 21.12.2023 Certificate of Appreciation given to Dr. Somayaji on 06.03.2024

List of Employees with Gross Monthly Remuneration of RARIM&MMR, Bengaluru / Goa

Sl No	Name	Designation	Pay Level	Gross Salary
1.	Dr.G.Venkateshwarlu	Research Officer (Ay)	Level-13	3,68,640.00
2.	Dr.Hemant Kumar Gupta	Research Officer (Psy)	Level-13	2,74,400.00
3.	Dr.Srinibash Sahoo	Research Officer (Ay)	Level-13	2,93,250.00
4.	Dr.G.V.Ramana	Research Officer (Ay)I/c	Level-13	2,66,600.00
5.	Dr.Thejaswini.C	Research Officer (Ay)	Level-11	1,61,580.00
6.	Dr. Nandini Murli Jhadav	Research Officer (Ay)	Level-11	1,49,000.00
7.	Dr.Neetu Kesavan	Research Officer (Ay)	Level-10	1,28,000.00
8.	Smt.Bharathi.M	Sister In charge	Level-08	1,47,990.00
9.	Smt.Bhagyamma.C	Staff Nurse	Level-07	1,43,850.00
10.	Mr.Umesh.B	Pharmacist, Grade-I	Level-06	92,660.00
11.	Mr.Girish.C	Panchakarma Technician	Level-05	80,060.00
12.	Smt.Abitha.J	L.D.C	Level-02	50,375.00
13.	Mr.K.R.Udaya Kumar	Driver, Grade-I	Level-05	86,540.00
14.	Smt.G.Sowbhagya	Multi Tasking Staff	Level-03	72,500.00
15.	Mr.Krishna Murthy.K	Multi Tasking Staff	Level-03	78,440.00
16.	Smt.D.Renuka	Multi Tasking Staff	Level-03	76,460.00
17.	Mr.M.D.Rajanna	Multi Tasking Staff	Level-03	72,500.00
18.	Mr.Sunil Datta	Laboratory Attendant	Level-02	47,705.00

Budget allocation / Budget received for the last 05 years including current year

Sl No	Budget Head	2019-20	2020-21	2021-22	2022-23	2023-24
1	GIA General					
	TA (For Domestic)	2.31	4.35	0.24	2.50	2.00
	Wages	-	-	0.63	1.50	1.00
	Office Expenses	-	-	1.49	7.00	8.00
	Rents, Rates & Taxes	-	-	-	-	0.01
	Other Admn Expenses	-	-	0.06	0.20	0.50
	Advertising and Publicity	-	-	0.19	1.00	1.00
	Professional Services	-	-	15.85	28.00	32.00
	Research Activities	16.50	4.25	0.75	1.50	5.50
	Contingencies	42.33	12.50	-	-	-
2	GIA Salary	192.00	181.00	219.37	294.00	335.00
3	GIA Capital	-	-	-	-	-
4	GIA SCSP	39.96	-	-	-	-
5	GIA TSP	-	-	-	-	-
6	GIA NER	-	-	-	-	-
7	GIA SAP	1.50	0.73	0.73	1.50	1.00
	Total	294.60	202.83	239.31	337.20	386.01